MTB RDB HKG RNG

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Track : centenario_05.08.2015.gpx	TRAIL DIFFICULTY
Detected modality = HKG (Hiking)	Score
Reanalyzed as BYC (Bicycle) RNG (Running)	**IBP = 189 HKG**

Reliability of the original trail: C (1622/57/0/-/-/57)

Level of correction applied to the trail: 0

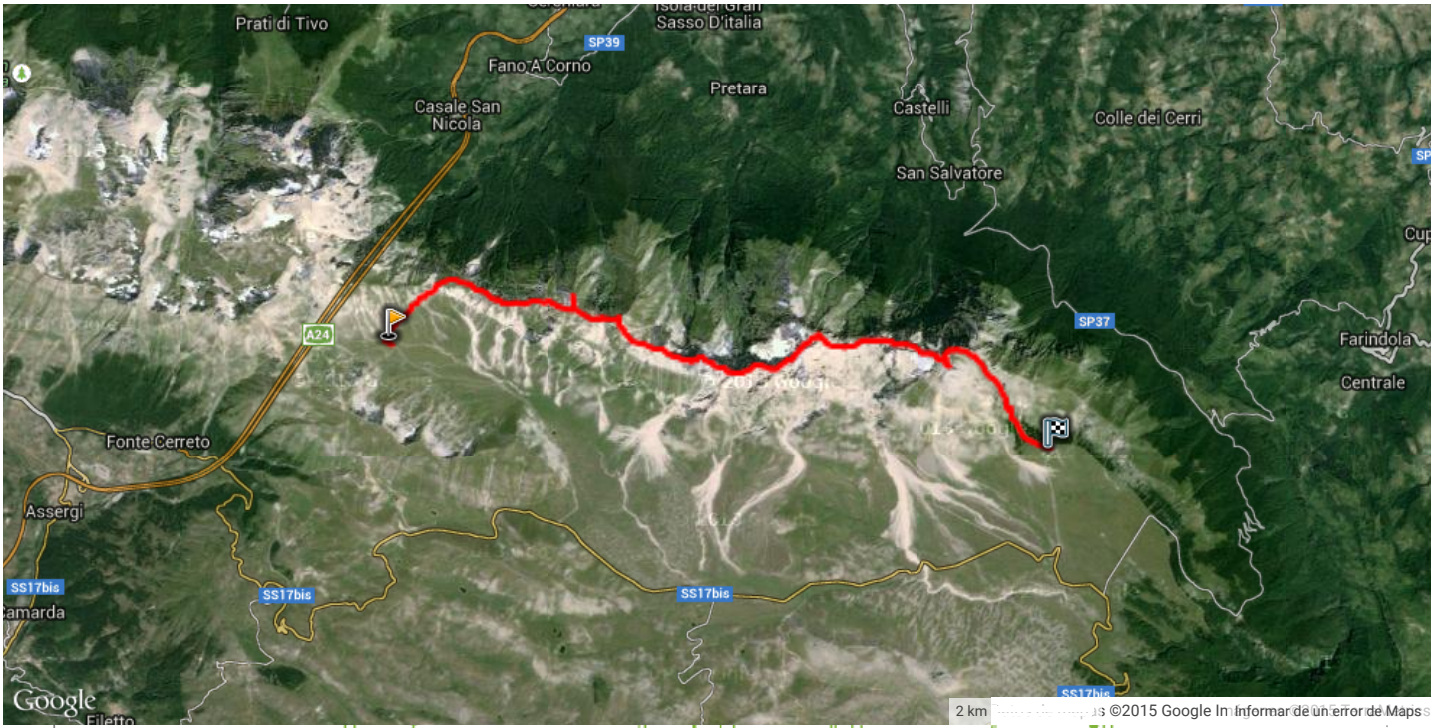
Total length: 19.87 Km mi / ft ?	**Max slope filter:** ~55 %
Analyzed distance: 19.87 Km	**Min. ponts separation:** ~30 m
Lineal distance: 13.071 Km	**Number of points:** 3735 (cad. 5.32 m)
	Significant points: 595 (cad. 33.45 m / 15.93 %)

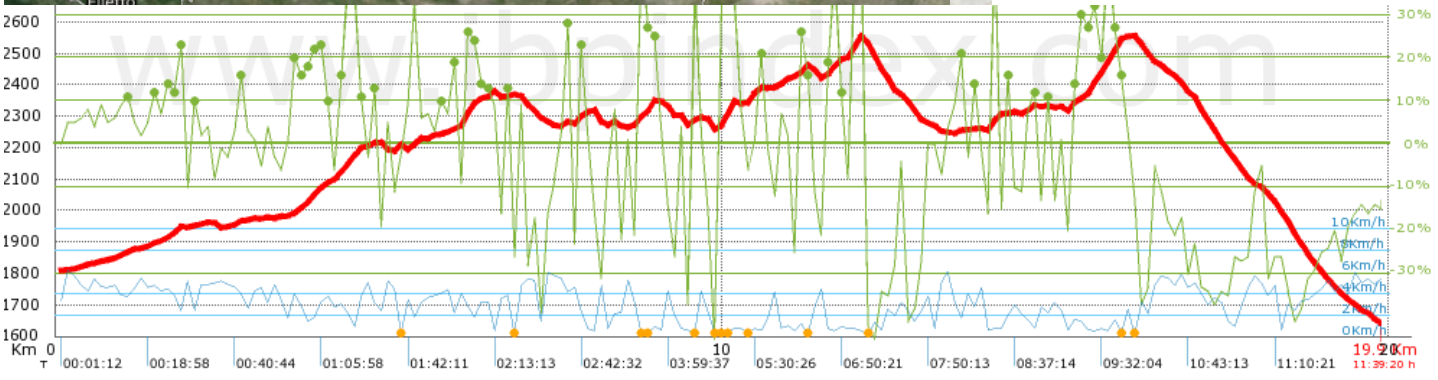
Accumulated climb: 1707.04 m	info Points list
Accumulated descent: 1873.64 m	
Maximum height: 2561.09 m	**Direction changes per Km:** 15.8
Minimal height: 1640.63 m	**Direction changes >5º per Km:** 13.84
Climb rate: 16.71 %	**Accumulated straight stretches:** 2.277 Km
Descent rate: 20.42 %	**Straight stretches per Km:** 114.59 m
Positive climb difference per Km: 85.91 m	**Penalizables slope changes:** 15
Negative descent difference per Km: 94.29 m	**Penalizables slope changes per Km:** 0.755

Total time: 11:39:20 h	
Time in movement: 6:59:56 h	
Stopped time: 4:39:24 h	

Total speed average: 1.7 Km/h	
Average speed in movement : 2.84 Km/h	
Maximum held speed: 6.31 Km/h	

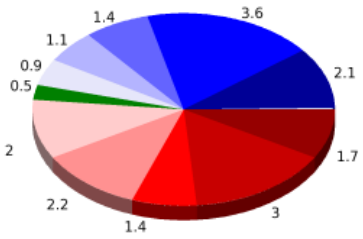
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Altitude | Slope % | Climb > 10% | Speed Km/h | Speed > 10 Km/h | Speed < 0.5 Km/h

Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	1.686	8.48	2.12	0:47:43
Between 15 and 30%	2.969	14.94	2.22	1:20:10
Between 10 and 15%	1.424	7.17	3.2	0:26:40
Between 5 and 10%	2.175	10.95	3.36	0:38:50
Between 1 and 5%	1.96	9.86	3.36	0:35:00
Total	10.214	51.4	2.68	3:48:23
Plain				
Difference of 1%	0.481	2.42	2.95	0:09:47
Breakdown descents				
Between 1 and 5%	0.927	4.66	4.03	0:13:48
Between 5 and 10%	1.081	5.44	3.08	0:21:05
Between 10 and 15%	1.409	7.09	3.31	0:25:35
Between 15 and 30%	3.631	18.27	3.37	1:04:43
Between 30% and 55%	2.127	10.71	2.26	0:56:35
Total	9.176	46.18	3.03	3:01:46
Total track:	19.87	100 %	2.84	6:59:56

High altitude parameters, data above 1500 m

Altitude m	Distance Km	% of total	Time in movement	Speed	Stopped time	Total time	Speed total
2500	0.876	4.41	0:21:46	2.41	0:50:19	1:12:05	0.73
2250	10.46	52.64	4:04:46	2.56	3:40:23	7:45:09	1.35
2000	3.427	17.25	1:13:23	2.8	0:08:42	1:22:05	2.51
1750	4.434	22.32	1:12:07	3.69		1:12:07	3.69
1500	0.673	3.39	0:07:54	5.11		0:07:54	5.11
Total:	19.87 Km	100 %	6:59:56 h	2.84 Km/h	4:39:24 h	11:39:20 h	1.7 Km/h

Stops

Distance Km	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
5.12	0:05:52	2211	1:33:54	1:33:54	5.12
6.527	0:03:29	2378	2:09:44	0:35:50	1.407
6.754	0:07:52	2364	2:16:29	0:06:45 < 10'	0.227
7.865	0:02:38	2300	2:42:32	0:26:03	1.111
8.032	0:03:20	2325	2:48:01	0:05:29 < 10'	0.167
8.197	0:02:23	2275	2:54:38	0:06:37 < 10'	0.165
8.66	0:08:07	2273	3:05:50	0:11:12	0.463
8.723	0:31:03 > 10'	2283	3:14:45	0:08:55 < 10'	0.062
8.998	0:03:08	2344	3:54:12	0:39:27	0.276
9.259	0:03:09	2302	4:01:38	0:07:26 < 10'	0.26
9.366	0:03:02	2303	4:07:16	0:05:38 < 10'	0.108
9.502	0:08:44	2269	4:13:26	0:06:10 < 10'	0.135
9.845	0:10:56 > 10'	2272	4:31:09	0:17:43	0.344
9.967	0:09:53	2270	4:45:11	0:14:02	0.122
10.061	0:09:11	2308	4:56:16	0:11:05	0.094
10.188	0:08:18	2359	5:07:46	0:11:30	0.127
10.313	0:06:37	2350	5:17:28	0:09:42 < 10'	0.124
10.375	0:02:27	2344	5:24:41	0:07:13 < 10'	0.062
10.47	0:05:34	2374	5:30:26	0:05:45 < 10'	0.094
11.019	0:03:22	2427	5:57:21	0:26:55	0.549
11.236	0:20:30 > 10'	2459	6:08:47	0:11:26	0.217
11.513	0:02:31	2417	6:36:15	0:27:28	0.276
11.644	0:03:27	2446	6:42:53	0:06:38 < 10'	0.132
11.765	0:02:51	2480	6:50:21	0:07:28 < 10'	0.121
11.925	0:02:31	2505	6:58:28	0:08:07 < 10'	0.159
11.99	0:14:06 > 10'	2528	7:02:15	0:03:47 < 10'	0.065
12.268	0:02:48	2490	7:26:58	0:24:43	0.278
13.074	0:04:06	2278	7:50:13	0:23:15	0.806
13.922	0:13:54 > 10'	2259	8:06:45	0:16:32	0.848
14.045	0:05:15	2272	8:22:47	0:16:02	0.123
14.59	0:02:15	2325	8:43:12	0:20:25	0.545
15.08	0:03:08	2330	8:58:18	0:15:06	0.49
15.37	0:02:50	2358	9:11:44	0:13:26	0.29
15.496	0:03:35	2383	9:19:14	0:07:30 < 10'	0.126
15.593	0:20:00 > 10'	2417	9:26:17	0:07:03 < 10'	0.097
15.859	0:06:00	2509	9:51:28	0:25:11	0.266
16.096	0:27:42 > 10'	2559	10:02:08	0:10:40	0.238
18.255	0:02:50	2029	11:10:21	1:08:13	2.159
Total:	4:39:24 h				

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